



JANUARY MENU

2026



Monday, January 5	Tuesday, January 6	Wednesday, January 7	Thursday, January 8	Friday, January 9
Christmas holiday	Professional Development Day		Leek soup (celery) Homemade ravioli with ricotta and spinach (wheat gluten, egg, milk), tomato coulis* King's cake* (wheat gluten, egg, milk, almond)	Broccoli soup Panko squid (wheat gluten, soy, shellfish), mixed salad*, baked potatoes, tartar sauce (egg, mustard) Fruit*
Monday, January 12	Tuesday, January 13	Wednesday, January 14	Thursday, January 15	Friday, January 16
Mixed Corn Salad Prepared vol-au-vent (milk, wheat gluten, soy, sulphite), Wheat hearts (wheat gluten) Fruit*	Cabbage and carrot salad Traditional pork stew (barley gluten, mustard, celery, soy), Semolina (wheat gluten) Dairy* (milk)	Mixed salad Vinaigrette (egg, mustard) Veggie tikka masala (wheat gluten, soy), Pépinettes pasta (wheat gluten, egg) Fruit*	Vegetable soup (celery) Sautéed veal, meat jus (wheat gluten), cauliflower*, steamed potatoes Fruit*	Lentil soup Salmon burger (wheat gluten, fish, milk), tomato green beans, basmati rice* Dairy dessert (milk)

* = From ecological and eco-responsible agriculture and livestock farming



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Monday, January 19	Tuesday, January 20	Wednesday, January 21	Thursday, January 22	Friday, January 23
Seasonal soup (celery) Chicken fillet, poultry jus (wheat gluten), carrots* with thyme (milk), heart of wheat (wheat gluten) Dairy* (milk)	Leek soup Tacos, pulled pork (soy, celery, mustard), Mexicana sauce, vegetables, tortillas, cheddar and Emmental (milk) Fruit*		Minestrone soup (celery) Vegetable quiche* (wheat gluten, egg, milk), mixed salad*, vinaigrette (egg, mustard) Fruit*	Mushroom soup (soya) Homemade fish sticks (wheat gluten, egg, fish, mustard), mashed potatoes with broccoli (milk) Fruit*
Monday, January 26	Tuesday, January 27	Wednesday, January 28	Thursday, January 29	Friday, January 30
Chervil soup (celery) Homemade pasta with beef and veal Bolognese (wheat gluten, egg), grated cheese (milk) Fruit*	White cabbage and raisin salad Stir-fried beef with vegetables (soybeans), mashed sweet potatoes (milk) Biscuit* (wheat gluten, egg, milk)		Salad (mustard) Chicken nuggets (wheat gluten, egg, mustard), tomato zucchini, basmati rice* Dairy* (milk)	Pumpkin soup Vegetarian lentil chili (soy, celery), grated cheese and yogurt (milk), steamed potatoes Fruit*

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