



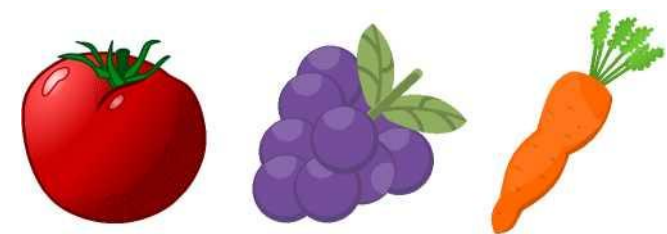
# JANUARY MENU

## 2026



Monday, January 5	Tuesday, January 6	Wednesday, January 7	Thursday, January 8	Friday, January 9
Christmas holiday	Professional Development Day		Leek soup ( <b>celery</b> )  Homemade ravioli with ricotta and spinach ( <b>wheat gluten, egg, milk</b> ), tomato coulis*  King's cake* ( <b>wheat gluten, egg, milk, almond</b> )	Broccoli soup  Panko squid ( <b>wheat gluten, soy, shellfish</b> ), mixed salad*, baked potatoes, tartar sauce ( <b>egg, mustard</b> )  Fruit*
Monday, January 12	Tuesday, January 13	Wednesday, January 14	Thursday, January 15	Friday, January 16
Vegetable macedoine (carrots, green peas, flageolet beans, turnips) Plain flageolet beans Quinoa–wheat mix ( <b>gluten</b> ) Plain chickpeas Corn salad with carrots, pickles, rapeseed oil, radishes, and lemon juice Fruit*	Cabbage and carrot salad  Traditional pork stew ( <b>barley gluten, mustard, celery, soy</b> ), Semolina ( <b>wheat gluten</b> )  Dairy* ( <b>milk</b> )	Mixed salad Vinaigrette (egg, mustard)  Veggie tikka masala ( <b>wheat gluten, soy</b> ), Pépinettes pasta ( <b>wheat gluten, egg</b> )  Fruit*	Vegetable soup ( <b>celery</b> )  Chipolata sausage, meat gravy ( <b>gluten</b> ), apple compote, mashed potatoes with celeriac ( <b>milk, celery</b> )  Fruit*	Lentil soup  Sautéed veal, meat jus ( <b>wheat gluten</b> ), cauliflower*, steamed potatoes  Dairy dessert ( <b>milk</b> )

\* = From ecological and eco-responsible agriculture and livestock farming



# JANUARY MENU

## 2026



Monday, January 19	Tuesday, January 20	Wednesday, January 21	Thursday, January 22	Friday, January 23
Seasonal soup ( <b>celery</b> )  Chicken fillet, poultry jus ( <b>wheat gluten</b> ), carrots* with thyme ( <b>milk</b> ), heart of wheat ( <b>wheat gluten</b> )  Dairy* ( <b>milk</b> )	Leek soup  Tacos, pulled pork ( <b>soy, celery, mustard</b> ), Mexicana sauce, vegetables, tortillas, cheddar and Emmental ( <b>milk</b> )  Fruit*	Split pea soup ( <b>Celery</b> )  Stir-fried rice with beef and sweet-and-sour sauce ( <b>Soy</b> )  Fruit*	Minestrone soup ( <b>celery</b> )  Vegetable quiche* ( <b>wheat gluten, egg, milk</b> ), mixed salad*, vinaigrette ( <b>egg, mustard</b> )  Fruit*	Mushroom soup ( <b>soya</b> )  Calamari Panko ( <b>gluten, soy, molluscs</b> ), mashed potatoes with broccoli ( <b>milk</b> )  Fruit*
Monday, January 26	Tuesday, January 27	Wednesday, January 28	Thursday, January 29	Friday, January 30
Chervil soup ( <b>celery</b> )  Homemade pasta with beef and veal Bolognese ( <b>wheat gluten, egg</b> ), grated cheese ( <b>milk</b> )  Fruit*	White cabbage and raisin salad  Stir-fried beef with vegetables ( <b>soybeans</b> ), mashed sweet potatoes ( <b>milk</b> )  Biscuit* ( <b>wheat gluten, egg, milk</b> )	Vegetable soup ( <b>celery</b> )  Cheese sausages ( <b>milk</b> ), Bulgarian salad ( <b>milk</b> ), baguettes ( <b>gluten</b> ), ketchup  Fruit	Salad ( <b>mustard</b> )  Chicken nuggets ( <b>wheat gluten, egg, mustard</b> ), tomato zucchini, basmati rice*  Dairy* ( <b>milk</b> )	Pumpkin soup  Vegetarian lentil chili ( <b>soy, celery</b> ), grated cheese and yogurt ( <b>milk</b> ), steamed potatoes  Fruit*

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