

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MIDI SOUPE	Potage aux pois cassés VEGAN  A B C D E 	Potage cultivateur VEGAN  A B C D E 	Potage aux carottes VEGAN A B C D E 	Potage au céleri vert VEGAN  A B C D E 	Potage de légumes aux tomates VÉGÉTARIEN  A B C D E 
MIDI ASSIETTE COMPLÈTE	Chili sin carne VÉGÉTARIEN  A B C D E	Saucisse de campagne  A B C D E 	Couscous aux pois chiches VEGAN  BI A B C D E	Blanquette de dinde  BI A B C D E	Macaroni au thon et aux olives  BI A B C D E 
MIDI DESSERT	Yaourt VÉGÉTARIEN  A B C D E 	Fruit VEGAN A B C D E 	Flan VÉGÉTARIEN  A B C D E	Fruit VEGAN A B C D E 	Fruit VEGAN A B C D E 

Eau

VEGAN



Légende



Viande,
abats,
graisse,
gélatine, etc



Volaille



Suïdés



Poissons



Lait



Lactose



Oeufs



Sulfites



Gluten



Céleri



Soja



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH SOUP	Split pea soup VEGAN  A B C D E 	Vegetables soup VEGAN  A B C D E 	Carrot soup VEGAN A B C D E 	Green celery soup VEGAN  A B C D E 	Potage de légumes aux tomates [FR] VEGETARIAN  A B C D E 
LUNCH MAIN DISH	Chili sin carne VEGETARIAN  A B C D E	Country sausage  A B C D E 	Couscous with chick peas VEGAN  Wh A B C D E	Turkey blanquette  Wh A B C D E	Macaroni with tuna and olives  Wh A B C D E 
	White rice VEGAN A B C D E 	Mashed potatoes VEGETARIAN  A B C D E 	Wheat semolina (couscous) VEGAN  Wh A B C D E 	Wheat VEGAN  Wh A B C D E 	
		Carrots with honey VEGETARIAN  A B C D E 			
LUNCH DESSERT	Yoghurt VEGETARIAN  A B C D E 	Fruit VEGAN A B C D E 	Pudding VEGETARIAN  A B C D E	Fruit VEGAN A B C D E 	Fruit VEGAN A B C D E 

Water

VEGAN

A

B

C

D

E



Legend

- 
Meat, offal,
fat, gelatin,
etc.
- 
Poultry
- 
Suidae
- 
Fish
- 
Milk
- 
Lactose
- 
Eggs
- 
Sulfites
- 
Gluten
- 
Celery
- 
Soy

Wh=Wheat

NUTRI-SCORE

A

B

C

D

E

A

ECO
SCORE