



OCTOBER MENU

2025



Monday, October 13	Tuesday, October 14		Thursday, October 16	Friday, October 17
Curried corn soup Homemade veggie pasta* with vegetables and pesto (wheat gluten, egg, celery, milk) Dairy*	Tomato soup (celery) Pork sausage with cheese (milk) , meat jus (wheat gluten) , carrot stew (milk) , mixed salad*, vinaigrette (egg, mustard) Fruit*		Lamb pita, pita bread (wheat gluten) , garlic sauce (milk) , coleslaw Chocolate mousse (milk)	Shredded carrot salad* Basquaise squid (molluscs) , mashed potatoes (milk) Fruit*
Monday, October 20	Tuesday, October 21		Thursday, October 23	Friday, October 24
Vegetable broth (celery) Turkey blanquette (wheat gluten, milk) , assorted vegetables (wheat gluten, milk) , steamed potatoes Fruit*	Mixed Corn Salad Scampi (shellfish) , Asian vegetables* (soya) , curry sauce (wheat gluten, soya) , rice*with jasmine* Fruit*		Chinese coleslaw (sulphite) Vegetarian couscous (wheat gluten, celery) , vegetable couscous (celery) Dairy dessert (milk)	Alchemist's Elixir (Milk) Earthworm wok with witches' fingers and Asian tomato sauce (wheat gluten, soy, sulfite) Halloween Dessert (wheat gluten, egg, milk)

* = From ecological and eco-responsible agriculture and livestock farming