

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MIDI SOUPE	Potage au panais et potiron VEGAN A B C D E	Potage cultivateur VEGAN A B C D E	Potage au chou-fleur VEGAN A B C D E	Soupe aux lentilles VEGAN A B C D E	Soupe brunoise VEGAN A B C D E
MIDI ASSIETTE COMPLÈTE	Filet de poulet, sauce crème, petits pois et carottes, pommes vapeur BI A B C D E	Steak haché A B C D E	Fricassée de lentilles aux légumes et riz VEGAN A B C D E	Pita de dinde, salade de choux, sauce à l'ail, pommes wedges VÉGÉTARIEN BI A B C D E	Pâte sauce Napolitaine VEGAN BI A B C D E
MIDI DESSERT	Fruit VEGAN A B C D E	Fruit VEGAN A B C D E	Fromage blanc aux fruits VÉGÉTARIEN A B C D E	Fruit VEGAN A B C D E	Fruit VEGAN A B C D E

Eau

VEGAN

A

B

C

D

E

CO₂

Légende


Viande,
abats,
graisse, etc
Bl=Blé


Volaille


Bovins


Lait


Lactose


Oeufs


Gluten


Céleri


Soja

NUTRI-SCORE

A

B

C

D

E

A

ECO
SCORE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH SOUP	Parsnip and pumpkin soup VEGAN A B C D E CO₂	Vegetables soup VEGAN A B C D E CO₂	Cauliflower soup VEGAN A B C D E CO₂	Lens soup VEGAN A B C D E CO₂	Brunoise soup VEGAN A B C D E CO₂
LUNCH MAIN DISH	Chicken fillet, cream sauce, peas and carrots, steamed potatoes Wh A B C D E	Minced steak A B C D E CO₂	Vegetable and lentil fricassee with rice VEGAN A B C D E CO₂	Turkey pita, coleslaw, garlic sauce, wedge apples VEGETARIAN Wh A B C D E CO₂	Pasta with Neapolitan sauce VEGAN Wh A B C D E CO₂
LUNCH DESSERT	Fruit VEGAN A B C D E CO₂	Fruit VEGAN A B C D E CO₂	White cheese with fruits VEGETARIAN A B C D E CO₂	Fruit VEGAN A B C D E CO₂	Fruit VEGAN A B C D E CO₂

Water

VEGAN



Legend

- Meat, offal, fat, gelatin, etc.
- Poultry
- Cattle
- Milk
- Lactose
- Eggs
- Gluten
- Celery
- Soy

Wh=Wheat

