

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MIDI SOUPE	Potage aux poireaux VÉGÉTARIEN  A B C D E 	Potage cultivateur VEGAN  A B C D E 	Carottes VÉGÉTARIEN  A B C D E 	Potage au céleri vert VEGAN  A B C D E 	Potage aux petits pois VEGAN  A B C D E 
MIDI ASSIETTE COMPLÈTE	Riz sauté à l'omelette  Bl A B C D E 	C1: Zarape: Burritos de poulet et sa fraîcheur de yaourt  A B C D E	Saucisse de campagne  A B C D E 	Chili sin carne VÉGÉTARIEN  A B C D E	Macaroni au thon et aux olives  Bl A B C D E 
MIDI DESSERT	Yaourt VÉGÉTARIEN  A B C D E 	Fruit VEGAN A B C D E 	Fruit VEGAN A B C D E 	Fruit VEGAN A B C D E 	Fruit VEGAN A B C D E 

Eau

VEGAN

A

B

C

D

E

CO₂

Légende



Viande,
abats,
graisse, etc



Volaille



Suidés



Poissons



Mollusques



Lait



Lactose



Oeufs



Gluten



Céleri



Sésame



Soja

NUTRI-SCORE

A

B

C

D

E

A

ECO
SCORE

LUNCH SOUP

MONDAY

Leeksoep

VEGETARIAN



A B C D E



TUESDAY

Vegetables soup

VEGAN



A B C D E



WEDNESDAY

Carrots

VEGETARIAN



A B C D E



THURSDAY

Green celery soup

VEGAN



A B C D E



FRIDAY

Garden peas soup

VEGAN



A B C D E



LUNCH MAIN
DISH

Fried rice with egg



Wh

A B C D E



C1: Zarape: Burritos chicken with tomate spices an yoghurt



A B C D E

Country sausage



A B C D E



Carrots with honey

VEGETARIAN



A B C D E



Mashed potatoes

VEGETARIAN



A B C D E



Chili sin carne

VEGETARIAN



A B C D E

Macaroni with tuna and olives



Wh

A B C D E



LUNCH DESSERT

Yoghurt

VEGETARIAN



A B C D E



Fruit

VEGAN

A B C D E



Fruit

VEGAN

A B C D E



Fruit

VEGAN

A B C D E



Fruit

VEGAN

A B C D E



DRINK

Water

VEGAN

A B C D E





Legend

- 
Meat, offal, fat, gelatin, etc.
- 
Poultry
- 
Suidae
- 
Fish
- 
Molluscs
- 
Milk
- 
Lactose
- 
Eggs
- 
Gluten
- 
Celery
- 
Sesame
- 
Soy

Wh=Wheat

