

LUNDI

Potage de carottes

 37 kcal

Boulettes sauce
tomate et frites

 529 kcal

Fruit

 15 kcal

MARDI

Potage aux tomates

 21 kcal

Pâtes aux pesto


Bl  181 kcal

Fraises aux chocolat
Menu élaboré avec la
participation des P4 EN

 524 kcal

MERCREDI

Potage aux
aubergines

 26 kcal

Couscous aux pois
chiches


Bl  353 kcal

Yaourt

 87 kcal

JEUDI

Concombre

 4 kcal

Saucisse barbecue


Bl  399 kcal

Maïs doux poêlé


Bl  182 kcal

Pommes grenaille


Bl  225 kcal

Glace

 196 kcal

VENDREDI

Soupe aux lentilles

 108 kcal

Pasta à la sauce
bolognaise


Bl  659 kcal

Fruit

 15 kcal

Eau

 0 kcal

Légende

- 

Viande,
abats,
graisse, etc
- 

Bovins
- 

Suidés
- 

Lait
- 

Lactose
- 

Sulfites
- 

Gluten
- 

Céleri
- 

Soja
- Bl=Blé

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrots soup  37 kcal	Tomato soup  21 kcal	Aubergine soup  26 kcal	Cucumber  4 kcal	Lens soup  108 kcal
Meatballs and french fries  529 kcal	Pasta with pesto  Wh  181 kcal	Couscous with chick peas  Wh  353 kcal	Barbecue sausage  Wh  399 kcal Stir-fried sweet corn  182 kcal Grenaille potatoes  225 kcal	Pasta bolognaise  Wh  659 kcal
Fruit  15 kcal	Strawberries with chocolate Menu developed with the participation of P4 EN  524 kcal	Yoghurt  87 kcal	ice cream  196 kcal	Fruit  15 kcal
Water  0 kcal				

Legend

- 

Meat, offal,
fat, gelatin,
etc.
- 

Cattle
- 

Suidae
- 

Milk
- 

Lactose
- 

Sulfites
- 

Gluten
- 

Celery
- 

Soy

Wh=Wheat