

LUNDI

Potage aux carottes

35 kcal

Curry de pois-
chiches, blé

BI
231 kcal

Fruit

15 kcal

MARDI

Potage aux tomates
Menu élaboré avec la
participation des P4 FRA

BI
21 kcal

Penne

BI
355 kcal

Sauce carbonara

BI
350 kcal

Glace

BI
196 kcal

MERCREDI

Pois chiches

BI
66 kcal

Boulettes sauce
tomate et pommes
de terre

567 kcal

Fruit

15 kcal

JEUDI

VENDREDI

Potage au potiron

29 kcal

Fishstick, sauce
tartare, salade mix et
purée

BI
762 kcal

Fruit

15 kcal

Eau

0 kcal

Légende



Viande,
abats,
graisse,
gélatine, etc



Bovins



Suidés



Poissons



Lait



Lactose



Oeufs



Gluten



Céleri



Moutarde



Soja



Sulfites

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrot soup 35 kcal	Tomato soup Menu developed with the participation of P4 FRA  21 kcal	Chickpea  Wh 66 kcal		Pumpkin soup 29 kcal
Chickpeas and wheat curry  Wh 231 kcal	Penne  Wh 355 kcal Carbonara sauce  Wh 350 kcal	Meatballs and tomato sauce with potatoes 567 kcal		Fish and Chips with tartar sauce, mix salad and mashed potatoes  Wh 762 kcal
Fruit 15 kcal	ice cream  196 kcal	Fruit 15 kcal		Fruit 15 kcal
Water 0 kcal				

Legend

- 
Meat, offal,
fat, gelatin,
etc.
- 
Cattle
- 
Suidae
- 
Fish
- 
Milk
- 
Lactose
- 
Eggs
- 
Gluten
- 
Celery
- 
Mustard
- 
Soy
- 
Sulfites