

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI  
SOUPE

**Soupe à l'oignon**  
🌿

**Potage au céleri**  
🌿

**Potage printanier**  
🌿

**Potage aux tomates**

**Pois chiches**  
🌿 🍷 🍷

MIDI  
ASSIETTE COMPLÈTE

**Riz sauté à l'omelette**  
🦪 🍷 🍷 🌿 🌿 🍷

**Saucisse aux fines herbes**  
🍷  
**Crudités nature**  
**Frites**

**Waterzooi gantois(poulet)**  
🍷 🌿 🌿  
**Blé**  
🌿

**Couscous aux pois chiches**  
🌿 🍷

**Macaroni au thon et aux olives**  
🐟 🌿

MIDI  
DESSERT

**Fruit**

**Fruit**

**Fruit**

**Yaourt**  
🍷

**Fruit**

BOISSON

**Eau**

## Légende



Viande,  
abats,  
graisse,  
gélatine, etc



Volaille



Poissons



Mollusques



Lait



Lactose



Oeufs



Gluten



Céleri



Sésame



Soja



Sulfites

Bl=Blé

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH  
SOUP

Onion soup  
🌱

Celery soup  
🌱

Primavera soup  
🌱

Tomato soup

Chickpea  
🌱 🍅 🥜

LUNCH  
MAIN DISH

Fried rice with egg  
🦐 🍳 🥚 🌱 🍃 🥑

Sausage with fine herbs  
🍖  
Vegetables without mayonaise  
French fries

Gentse waterzooi (chicken)  
🍖 🌱 🌱  
Wheat  
🌱

Couscous with chick peas  
🌱 🍅

Macaroni with tuna and olives  
🐟 🌱

LUNCH  
DESSERT

Fruit

Fruit

Fruit













Yoghurt  
🍌

Fruit

DRINK

Water

**Legend**

-  Meat, offal, fat, gelatin, etc.
-  Poultry
-  Fish
-  Molluscs
-  Milk
-  Lactose
-  Eggs
-  Gluten
-  Celery
-  Sesame
-  Soy
-  Sulfites

Wh=Wheat