

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE

Potage au potiron

Potage aux épinards

Potage aux navets



Potage aux carottes

Potage cultivateur


MIDI
ASSIETTE COMPLÈTE

Pâtes, sauce courgettes et fromage


Vol-au-vent et riz


Carbonnade aux pruneaux, carottes, pommes vapeur


Boulettes sauce tomate et purée

Curry de pois-chiches, blé


MIDI
DESSERT

Fruit

Fruit

Fruit

Fruit

Flan


BOISSON

Eau

Légende



Au=Autres céréales contenant du gluten Se=Seigle Bl=Blé Or=Orge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Pumpkin soup

Spinach soup

Turnip soup



Carrot soup

Vegetables soup



LUNCH
MAIN DISH

Pasta with zucchini and cheese sauce


Vol-au-vent and rice


Carbonnade with prunes, carrots and steamed potatoes


Meatballs with tomato sauce and mashed potatoes

Chickpeas and wheat curry


LUNCH
DESSERT

Fruit

Fruit

Fruit

Fruit

Pudding


DRINK

Water

Legend



Ot=Other cereals containing gluten Ry=Rye Wh=Wheat Ba=Barley