

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE

Potage aux courgettes


Potage de poireaux



Potage au brocoli


Potage aux carottes

Potage céleri-rave



MIDI
ASSIETTE COMPLÈTE


Boulets à la liégeoise, potée aux poireaux

Bl

Filet de poulet pané, brocoli, blé

Bl

Pizza végétarienne

Bl

Chili sin carne

Riz blanc

Pasta à la sauce bolognaise

Bl

MIDI
DESSERT

Fruit

Fruit

Fromage blanc aux fruits


Fruit

Fruit

BOISSON

Eau

Légende



Viande,
abats,
graisse,
gélatine, etc



Volaille



Bovins



Suidés



Lait



Lactose



Oeufs



Gluten



Céleri



Soja

Bl=Blé

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Zucchini soup


Leek soup
↑


Broccoli soup
↑


Carrot soup


Celeriac soup
↑


LUNCH
MAIN DISH

Meat balls from Liège, mashed potatoes with leek

Wh

Breaded chicken filet, broccoli, wheat

Wh

Vegetarian pizza

Wh


Chili sin carne


Pasta bolognaise

Wh

LUNCH
DESSERT

Fruit

Fruit

White cheese with fruits



Fruit

Fruit

DRINK

Water

Legend

 Meat, offal, fat, gelatin, etc.

 Poultry

 Cattle

 Suidae

 Milk

 Lactose

 Eggs

 Gluten

 Celery

 Soy

Wh=Wheat