

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI  
SOUPE

Soupe à l'oignon



Potage au céleri



Potage printanier



Potage aux tomates

Pois chiches



Bl

MIDI  
ASSIETTE COMPLÈTE

Riz sauté à l'omelette



Bl

Saucisse aux fines herbes



Crudités nature

Waterzooi gantois(poulet)



Bl

Blé



Bl

Couscous aux pois chiches



Bl

Macaroni au thon et aux olives



Bl

MIDI  
DESSERT

Fruit

Yaourt



Fruit

Fruit

Fruit

BOISSON

Eau

## Légende



Viande,  
abats,  
graisse,  
gélatine, etc



Volaille



Poissons



Mollusques



Lait



Lactose



Oeufs



Gluten



Céleri



Sésame



Soja



Sulfites

Bl=Blé

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH  
SOUP

**Onion soup**  








**Celery soup**  



**Primavera soup**  






**Tomato soup**



**Chickpea**  
  
  
  
Wh



LUNCH  
MAIN DISH

**Fried rice with egg**  
  
  
  
  
  
  
Wh

**Sausage with fine herbs**  
  
  
**Vegetables without mayonaise**  
  
**French fries**


**Gentse waterzooi (chicken)**  
  
  
  
Wh  
  
**Wheat**  
  
  
Wh

**Couscous with chick peas**  
  
  
Wh

**Macaroni with tuna and olives**  
  
  
Wh

LUNCH  
DESSERT

**Fruit**

**Yoghurt**  


**Fruit**













**Fruit**

**Fruit**

DRINK

**Water**

**Legend**

-  Meat, offal, fat, gelatin, etc.
-  Poultry
-  Fish
-  Molluscs
-  Milk
-  Lactose
-  Eggs
-  Gluten
-  Celery
-  Sesame
-  Soy
-  Sulfites

Wh=Wheat