

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE

Potage au potiron

Potage aux épinards

Potage aux navets

Bl

Potage aux carottes

Potage cultivateur



MIDI
ASSIETTE COMPLÈTE

Vol-au-vent et riz

Bl Or

Pâtes, sauce courgettes et fromage

Bl

Carbonnade aux pruneaux, carottes, pommes vapeur

Se

Boulettes sauce tomate et purée

Curry de pois-chiches, blé

Bl

MIDI
DESSERT

Fruit

Fruit

Fruit

Fruit

Flan


BOISSON

Eau

Légende



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Pumpkin soup

Spinach soup


Turnip soup


Wh


Carrot soup

Vegetables soup



LUNCH
MAIN DISH

Vol-au-vent and rice

Wh Ba

Pasta with zucchini and cheese sauce

Wh

Carbonnade with prunes, carrots and steamed potatoes

Ry

Meatballs with tomato sauce and mashed potatoes

Chickpeas and wheat curry

Wh

LUNCH
DESSERT

Fruit

Fruit

Fruit

Fruit

Pudding


DRINK

Water

Legend

-  Meat, offal, fat, gelatin, etc.
-  Poultry
-  Cattle
-  Suidae
-  Milk
-  Lactose
-  Gluten
-  Celery
-  Mustard
-  Soy
-  Sulfites

Ry=Rye Wh=Wheat Ba=Barley