

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE

Potage aux poivrons

Potage aux tomates

Potage brocoli

Potage carotte au lait de coco

Pois chiches

MIDI
ASSIETTE COMPLÈTE

Boulettes (porc-boeuf) sauce aux petits légumes, pomme purée

Filet de poulet pané, brocoli, blé

Curry de pois-chiches, riz

Nouilles sautées aux lanières d'omelette

Lasagna alla Bolognese

MIDI
DESSERT

Fruit

Fruit

Fromage blanc aux fruits

Fruit

Fruit

BOISSON

Eau



Légende



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


LUNCH
SOUP

Bellpeper soup


Tomato soup


Broccoli soup


Carrot soup with coconut milk

Chickpea

Wh

LUNCH
MAIN DISH

Meatballs (pork and beef) with vegetable sauce and mashed potatoes

Wh

Breaded chicken filet, broccoli, wheat

Wh

Chickpeas and wheat rice

Wh

Noodles sauteed with omelette strips

Wh

Lasagna alla Bolognese

Wh

LUNCH
DESSERT

Fruit

Fruit

White cheese with fruits


Fruit

Fruit

DRINK

Water

Legend

-  Meat, offal, fat, gelatin, etc.
 -  Poultry
 -  Cattle
 -  Suidae
 -  Milk
 -  Lactose
 -  Eggs
 -  Gluten
 -  Celery
 -  Mustard
 -  Soy
 -  Sulfites
- Wh=Wheat