

JANUARY MENU

2025

Monday 6 January	Tuesday 7 January		Thursday 9 January
Holidays	Leek soup (celery) Homemade ravioli with ricotta & spinach (wheat gluten, egg, milk), tomato passata* King cake* (wheat gluten, egg, milk, almond)	rd	Chicory soup Lamb leg, lamb juice with tarragon (wheat gluten) , zucchini*, heart of wheat (wheat gluten) Dairy*
Monday 13 January	Tuesday 14 January		Thursday 16 January
Sweet corn mixed salad Chicken fillet, meat juice (wheat gluten), apple sauce, homemade potato puree (milk) Ice cream (soy, milk)	Tuna peach (egg, fish, mustard) Homemade pasta* gratin with ham & mushrooms (wheat gluten, egg, milk) Fruit*		Guacamole salad Veal sauté, meat juice (wheat gluten) , cauliflower*, roasted potatoes Biscuit* (wheat gluten, egg, milk)

* = From ecological and eco-responsible agriculture and breeding



Friday 10 January

Broccoli & herbs soup

Calamari Panko (wheat gluten, soy, molluscs), mixed salad*, baked potatoes, tartar sauce (egg, mustard)

Fruit*

Friday 17 January

Minestrone soup (celery)

Veggie quiche* (wheat gluten, egg, milk), mixed salad*, vinaigrette (mustard, sulphite)

Fruit*



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Monday 20 January	Tuesday 21 January	Thursday 23 January
Chickpea salad & cherry tomatoes beef stew (wheat gluten) , homemade potato & celeriac puree (milk, celery) Fruit*	Seasonal soup (celery) Chicken fillet, poultry juice (wheat gluten), pumpkin* with thyme (milk) , heart of wheat (wheat gluten) Dairy*	Mushroom cream soup (soy) Fish fillet, fish creamed sauce (wheat gluten, fish, milk), French beans*, steamed potatoes Biscuit* (wheat gluten, egg, milk)
Monday 27 January	Tuesday 28 January	Thursday 30 January
Chervil soup (celery) Homemade pasta* (wheat gluten, egg) with beef & veal Bolognese, grated cheese (milk), tomato passata*	Celeriac salad in mayonnaise (egg, celery, mustard) Couscous* (wheat gluten, celery) , vegetables (celery) , Fruit*	Cucumber salad* (egg, mustard) Breaded turkey escalope (wheat gluten, egg, mustard, sulphite), zucchini in tomato sauce, basmati rice*
Dairy*		Fruit*

* = Issus de l'agriculture et de l'élevage écologique et éco responsable



