

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE

Potage au celeri-rave

26 kcal

Soupe brunoise

26 kcal

Potage aux poireaux

70 kcal

Les amuses bouches de Noël

194 kcal

Potage aux tomates

26 kcal

MIDI
ASSIETTE COMPLÈTE

Pâtes aux courgettes et Boursin

530 kcal

Boulettes sauce tomate et purée

564 kcal

Riz sauté à l'omelette

180 kcal

Burger de veau, sauce aux airelles, pomme caramélisée, pomme duchesse

555 kcal

Poulet curry au riz basmati

334 kcal

MIDI
DESSERT

Fruit

19 kcal

Fruit

19 kcal

Fruit

19 kcal

Sapin de Noël glacé

284 kcal

Fruit

19 kcal

BOISSON

Eau

0 kcal

Légende

-  Viande, abats, graisse, gélatine, etc
 -  Volaille
 -  Bovins
 -  Suidés
 -  Mollusques
 -  Lait
 -  Lactose
 -  Oeufs
 -  Gluten
 -  Céleri
 -  Moutarde
 -  Sésame
 -  Soja
- Bl=Blé



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Celeriac soup

26 kcal

Brunoise soup

26 kcal

Leeksoep

70 kcal

Christmas appetizers

194 kcal

Tomato soup

26 kcal

LUNCH
MAIN DISH

Pasta with courgettes and Boursin

530 kcal

Meatballs with tomato sauce and mashed potatoes

564 kcal

Fried rice with egg

180 kcal

Veal burger, cranberry sauce, caramelised apple, duchess apple

555 kcal

Chicken curry with basmati rice

334 kcal

LUNCH
DESSERT

Fruit

19 kcal

Fruit

19 kcal

Fruit

19 kcal

Christmas tree in ice cream

284 kcal

Fruit

19 kcal

DRINK

Water

0 kcal

Legend

-  Meat, offal, fat, gelatin, etc.
-  Poultry
-  Cattle
-  Suidae
-  Molluscs
-  Milk
-  Lactose
-  Eggs
-  Gluten
-  Celery
-  Mustard
-  Sesame
-  Soy

Wh=Wheat

