

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

MIDI
SOUPE


Potage au potiron

Potage aux épinards

Potage aux navets

Bl

Bouquets de chou-fleur

Carottes


Potage cultivateur


MIDI
ASSIETTE COMPLÈTE

Vol-au-vent et riz


Bl Or


Pâtes, sauce courgettes et fromage


Bl


Carbonnade aux pruneaux, carottes, pommes vapeur




Saucisse de campagne, sauce aux oignons, compote de pommes, pommes vapeur


Bl

Curry de pois-chiches, blé


Bl

MIDI
DESSERT

Yaourt


Fruit

Fruit

Fruit

Fruit

BOISSON

Eau

Légende

-  Viande, abats, graisse, gélatine, etc
 -  Volaille
 -  Bovins
 -  Suidés
 -  Lait
 -  Lactose
 -  Gluten
 -  Céleri
 -  Moutarde
 -  Soja
 -  Sulfites
- Bl=Blé Or=Orge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY

LUNCH
SOUP

Pumpkin soup


Spinach soup


Turnip soup
 Wh


Cauliflower florets
Carrots



Vegtables soup



LUNCH
MAIN DISH

Vol-au-vent and rice

Wh Ba

Pasta with zucchini and cheese sauce

Wh

Carbonnade with prunes, carrots and steamed potatoes


Country sausage, onion sauce, applesauce, fries or steamed potatoes

Wh

Chickpeas and wheat curry

Wh

LUNCH
DESSERT

Yoghurt


Fruit

Fruit

Fruit

Fruit

DRINK

Water

Legend

-  Meat, offal, fat, gelatin, etc.
-  Poultry
-  Cattle
-  Suidae
-  Milk
-  Lactose
-  Gluten
-  Celery
-  Mustard
-  Soy
-  Sulfites

Wh=Wheat Ba=Barley