

MONDAY

TUESDAY


WEDNESDAY

THURSDAY



FRIDAY

PRODUIT
CÉRÉALIER [FR]




White bread stick




Breakfast cereals


Multi-grain baguette

Hard-boiled eggs





White bagnet



Strawberry jam


Brown bread


Wh

PRODUIT LAITIER
[FR]


Emmental



Organic milk



Gouda cubes



Yoghurt



Kiri cheese



GOÛTER FRUIT
[FR]

Fruit

Fruit

Carrots

Fruit

Fruit

DRINK

Water

Legend

-  Milk
 -  Lactose
 -  Eggs
 -  Gluten
 -  Sesame
 -  Soy
- Wh=Wheat