

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PRODUIT
CÉRÉALIER [FR]

Sandwich
🥞🌿
Sweet Butter
🥞

White bread stick
🌿
Turkey ham
🥞🌿

Cracotte
🥞🌿

PRODUIT LAITIER
[FR]

Yoghurt
🥞

Organic milk
🥞

Philadelphia
🥞

GOÛTER
FRUIT/EAU [FR]

Fruit


Fruit

Fruit

DRINK

Water

Legend


Meat, offal,
fat, gelatin,
etc.


Poultry


Milk


Lactose


Eggs


Gluten


Celery