

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Zucchini soup

Tomato soup

Broccoli soup

LUNCH
MAIN DISH

Vegetable and lentil
fricassee with rice

Chicken fillet
basquaise
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Chili Sin Carne
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LUNCH
DESSERT

Fruit


Fruit

Fruit

DRINK

Water

Legend

 Meat, offal, fat, gelatin, etc.

 Poultry

 Eggs

 Sulfites