

LUNDI

MARDI

MERCREDI

JEUDI


VENDREDI

MIDI
SOUPE


Potage de celeri-rave




Concombre



Carottes



Radis roses



Soupe aux lentilles



Potage carottes



Potage aux tomates



MIDI
ASSIETTE COMPLÈTE

Fricassée de lentilles aux carottes et riz long grain



Poulet pané, spaghetti aux courgettes
Menu élaboré avec la participation des P3 FRC



Or Bl



Chipolata aux fines herbes jus brun, carottes, blé

Bl



Burger végétarien au Quorn, tomate



Bl





Macaroni jambon, fromage et brocoli

Bl

MIDI
DESSERT

Fruits

Glace

Yaourt aux fruits




Fruits

Fruits

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH
SOUP

Celeriac soup



Cucumber



Carrots



Radishes



Lens soup



Carrots soup



Tomato soup



LUNCH
MAIN DISH

Lentil and carrot fricassee with long grain rice



Breaded chicken, spaghetti with zucchinis
Menu developed with the participation of P3 FRC



Ba Wh



Chipolata with herbs, brown juice, carrot's wheat



Wh



Quorn vegetarian burger, tomato



Wh



Macaroni with ham and cheese and broccoli



Wh

LUNCH
DESSERT

Fruit

ice cream



Yoghourt with fruits



Fruit

Fruit

Legend



Ba=Barley Wh=Wheat

