



# SEPTEMBER MENU

2023



			Thursday 7th Sept.	Friday 8th Sept.
		First Day of School	<p>Veggie broth (<b>celery</b>)</p> <p>Homemade spinach* &amp; ricotta ravioli (<b>gluten from wheat, egg, milk</b>) with tomato passata*</p> <p>Fruit*</p>	<p>Carrot soup</p> <p>Stirfried veal and its sauce (<b>gluten from wheat</b>), zucchini &amp; steamed potatoes</p> <p>Dairy* (<b>milk</b>)</p>
Monday 11th Sept.	Tuesday 12th Sept.		Thursday 14th Sept.	Friday 15th Sept.
<p>Pumpkin soup</p> <p>Scampis (<b>shellfish</b>), veggie wok (<b>soy</b>) &amp; curry coco sauce (<b>gluten from wheat, soy</b>) &amp; basmati rice*</p> <p>Fruit*</p>	<p>Leek soup</p> <p>Pork chipolatas and sauce (<b>gluten from wheat</b>), cauliflower* steamed potatoes</p> <p>Dairy* (<b>milk</b>)</p>		<p>Zucchini soup</p> <p>Stirfried pasta (<b>gluten from wheat, egg</b>) with veggies, arugula/tomatoes salad with balsamic sauce (<b>sulfites</b>)</p> <p>Fruit*</p>	<p>Sheperd's soup</p> <p>Chicken fillet, apple sauce and homemade mashed potatoes (<b>milk</b>)</p> <p>Biscuit (<b>gluten from wheat, egg, milk</b>)</p>

Monday 18th Sept.	Tuesday 19th Sept.		Thursday 21st Sept.	Friday 22nd Sept.
<p>Minestrone (<b>celery</b>)</p> <p>Veggie quiches* (<b>gluten from wheat, egg, milk</b>), salad*</p> <p>Fruit*</p>	<p>Split pea soup</p> <p>Veal merguez (<b>celery</b>), couscous (<b>gluten from wheat, celery</b>) &amp; oriental style veggies (<b>celery</b>)</p> <p>Fruit*</p>		<p>Onion soup (<b>gluten from wheat</b>)</p> <p>Pan-fried turkey with green vegetables and wheat hearts (<b>gluten from wheat</b>)</p> <p>Biscuit* (<b>gluten from wheat, egg, milk</b>)</p>	<p>Cauliflower soup</p> <p>Farmhouse pork presia, tomato aubergines* and homemade mashed potatoes (<b>milk</b>)</p> <p>Fruit*</p>
Monday 25th Sept.	Tuesday 26th Sept.		Thursday 28th Sept.	Friday 29th Sept.
<p>Seasonal soup</p> <p>Chicken wings &amp; sauce (<b>gluten from wheat</b>), salad* &amp; steamed potatoes</p> <p>Fruit*</p>	<p>Mushroom soup</p> <p>Vegetarian nuggets (<b>gluten from wheat, egg, milk</b>), grilled veggies &amp; baguette* (<b>gluten from wheat</b>)</p> <p>Fruit*</p>		<p>Celery &amp; curry soup (<b>celery</b>)</p> <p>Fish paella (<b>egg, fish, shellfish, celeri, molluscs</b>) with shellfish &amp; veggies</p> <p>Dairy* (<b>milk</b>)</p>	<p>Broccoli soup (<b>milk</b>)</p> <p>Stirfried beef, olive basquaise and pepinettes (<b>gluten from wheat</b>)</p> <p>Fruit*</p>

\* = From ecological and eco-responsible agriculture and breeding

*Bon Appétit !*