

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MIDI SOUPE	Potage courgette ABCDE	Potage aux petits pois ABCDE	Potage aux tomates ABCDE	Potage de celeri-rave ABCDE	Potage aux carottes et haricots blancs ABCDE
MIDI ASSIETTE COMPLÈTE	Filet de poulet, sauce crème, petits pois, pommes vapeur BI ABCDE	Spirelli alla napoletana BI ABCDE	Vol au vent, riz BI ABCDE	Hamburger de boeuf Helfty , pain bun, salade, carottes, tomate, pommes sautées BI ABCDE	Riz sauté aux légumes, maïs et omelette BI ABCDE
MIDI DESSERT	Fruits ABCDE	Fruits ABCDE	Yaourt aux fruits ABCDE	Fruits ABCDE	Cake BI ABCDE

Légende

- 
Mollusques
- 
Lait
- 
Oeufs
- 
Gluten
- 
Céleri
- 
Moutarde
- 
Sésame
- 
Soja
- 
Arachides
- 
Blé



LUNCH
SOUP

MONDAY

Zucchini soup



TUESDAY

Garden peas soup



WEDNESDAY

Tomato soup



THURSDAY

Celeriac soup



FRIDAY

Carrots and white beans soup



LUNCH
MAIN DISH

Chicken fillet, cream sauce, peas, steamed potatoes



Spirelli alla napoletana



Vol au vent, rice



Beef Helfty burger, bun, salad, carrots, tomato, fried potatoes



Fried vegetable rice with corn and omelet



LUNCH
DESSERT

Fruit



Fruit



Yoghourt with fruits



Fruit



Cake



Legend

- 
Molluscs
- 
Milk
- 
Eggs
- 
Gluten
- 
Celery
- 
Mustard
- 
Sesame
- 
Soy
- 
Peanuts

Wh=Wheat



