APEEE BRUXELLES II EVERE 21 du 22/5 au 26/5

youmeal
DATA IN THE KITCHEN

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
MIDI SOUPE	Potage courgette A B C D E	Potage brocoli A B C D E	Potage aux poivrons	Potage de poireaux A B C D E	Potage aux tomates A B C D E
MIDI ASSIETTE COMPLÈTE	Spirelli alla napoletana Bl A B C D E	Filet de poulet à la méditerranéenne, ratatouille niçoise, riz complet (aubergine, courgette, poivrons, tomate, celeri-vert) A B C D E	Saucisse de campagne, jus de viande au thym, compote de pommes, blé Bl A B C D E	Curry de pois-chiches, riz carotte, celeri, navet Bl A B C D E	Carré de colin pané, sauce fromage frais, haricots verts, pomme purée Bl A B C D E
MIDI DESSERT	Fruits A B C D E	Glace A B C D E	Fruits A B C D E	Yaourt nature A B C D E	Fruits A B C D E

Légende

Poissons, Lait, Oeufs, Gluten, Céleri, Moutarde, Soja, Arachides

NUTRI-SCORE
A B C D E

APEEE BRUXELLES II EVERE WEEK 21 from 22/5 to 26/5

youmeal
DATA IN THE KITCHEN

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH SOUP	Zucchini soup A B C D E	Broccoli soup A B C D E	Sweet pepper soup	Leek soup A B C D E	Tomato soup A B C D E
LUNCH MAIN DISH	Spirelli alla napoletana Wh A B C D E	Mediterranean chicken fillet, Niçoise ratatouille, browne rice (aubergine, courgette, poivrons, tomate, celeri-vert) [FR] A B C D E	Country sausage, gravy with thyme, apple compote and wheat Wh A B C D E	Chickpeas and wheat rice carrot, celeriac, turnip Wh A B C D E	Breaded rack of hake, cottage cheese sauce, green beans, mashed potatoes Wh A B C D E
LUNCH DESSERT	Fruit A B C D E	ice cream A B C D E	Fruit A B C D E	Natural yogurt A B C D E	Fruit A B C D E

Legend

Fish, Milk, Eggs, Gluten, Celery, Mustard, Soy, Peanuts

NUTRI-SCORE
A B C D E